

## Act of Consecration

I give myself and consecrate to the Sacred Heart of our Lord Jesus Christ, my person and my life, my actions, pains and sufferings, so that I may be unwilling to make use of any part of my being other than to honor, love and glorify the Sacred Heart.

This is my unchanging purpose, namely, to be all His, and to do all things for the love of Him, at the same time renouncing with all my heart whatever is displeasing to Him.

I therefore take You, O Sacred Heart, to be the only object of my love, the guardian of my life, my assurance of salvation, the remedy of my weakness and inconstancy, the atonement for all the faults of my life and my sure refuge at the hour of death. Amen.

## Prayer for Perseverance

*By St. Alphonsus Liguori*

O Sacred Heart of Jesus, living and life-giving fountain of eternal life, infinite treasure of the Divinity, and glowing furnace of love, You are my refuge and my sanctuary.

O Adorable and Glorious Savior, consume my heart with that burning fire that ever inflames Your Heart.

Pour down on my soul those graces which flow from Your Love. Let my heart be one with, and in all things conformed to Yours.

May Your Will be the rule of both my desires and my actions. Amen.



*May the Sacred Heart of Jesus*

*be loved in every place*



## 1st Friday Devotion Promises

Jesus gave the following promises to Saint Margaret Mary for souls devoted to His most Sacred Heart:

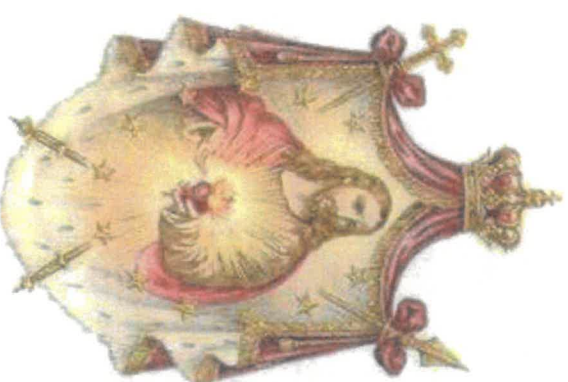
1. I will give them all the graces necessary for their state in life.
2. I will give peace in their families.
3. I will console them in all their troubles.
4. I will be their secure refuge in life and above all in death.
5. I will abundantly bless all their undertakings.
6. Sinners will find in My heart the source and infinite ocean of mercy.
7. Tepid souls will become fervent.
8. Fervent souls will rise to great perfection.
9. I will bless those places where the image of My Sacred Heart shall be exposed and venerated.
10. I will give to priests the power to touch the most hardened hearts.
11. Persons who propagate this devotion will have their names eternally written in My Heart.
12. In the abundant mercy of My Heart, I promise that My all-powerful love will grant to all those who will receive Communion on the first Fridays, for nine consecutive months, the grace of final repentance. They will not die in My displeasure, nor without receiving the Sacraments; and My Heart will be their secure refuge in that last hour.

**Jesus, I Trust in You**

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*Sacred Heart  
Devotions*



The devotion to the Sacred Heart of Jesus is one of the most widely practiced and well-known Roman Catholic devotions, taking Jesus Christ's physical heart as the representation of His divine love for humanity. (source: [Wikipedia.org](http://Wikipedia.org))

Devotion to the Sacred Heart focuses not only on the love and mercy Jesus has for us but also on reparation for sin. In St. Margaret Mary's visions (from the years 1673 to 1675), Christ requested that a Communion of reparation be made on the first Friday of every month.

*Love • Mercy • Grace*

