

FEBRUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Daily Mass Schedule: M & F - 8 a.m. at St. Thomas (Convent Chapel) T, W, Th - 8 a.m. St. Bridget (Rectory Chapel) W - 6 p.m. St. Thomas (Convent Chapel) S - 9 a.m. St. Bridget (Rectory Chapel)		Sunday Mass Schedule: St. Thomas the Apostle - Saturday 4 p.m. Vigil Sunday 11 a.m. St. Bridget - Sunday 8 a.m. TLM 1 st & 3 rd Sundays at 2 p.m.		Confession is offered 30 mins. before each weekend Mass, during Adoration on Wednesdays from 5 to 6 p.m. & Saturdays from 7 to 8 a.m.			
4th Sunday in Ordinary Time CCD (9:30 a.m.) Latin Mass	1 Feast Day of the Presentation of the Lord * St. Vincent de Paul meeting (8:45 a.m.)	2 Feast Day of St. Blaise & St. Ansgar OCIA Class (6 p.m.)	3 Eucharistic Adoration (5 p.m.), Confession & Mass starting at 6 p.m.	4 Feast Day of St. Agatha * Men of St. Joseph meeting (8:30 a.m.) * Daughters of Mary meeting (8:30 a.m.) * Knights of Columbus meeting (7 p.m.)	5 First Friday	6 First Saturday	
5th Sunday in Ordinary Time CCD (9:30 a.m.)	8 *Finance Committee Meeting (7 p.m.)	9 Feast Day of St. Scholastica OCIA Class (6 p.m.)	10 Feast Day of Our Lady of Lourdes Eucharistic Adoration (5pm), Confession & the Mass starting at 6 p.m. * Parish Council Meeting (7 p.m.)	11 * Men of St. Joseph meeting (8:30 a.m.) * Daughters of Mary meeting (8:30 a.m.)	12 Feast Day of St. Paul Miki & Companions	13 7 a.m. Eucharistic Adoration & Confession 9:30 a.m. Bible Study	
6th Sunday in Ordinary Time No CCD Latin Mass	15 Feast Day of the Seven Holy Founders of the Servite Order No OCIA	16 Ash Wednesday	17 Mass Schedule 8 a.m. - St. Bridget Noon - St. Bridget 6 p.m. - St. Thomas	18 Thursday After Ash Wednesday * Men of St. Joseph meeting (8:30 a.m.) * Daughters of Mary meeting (8:30 a.m.)	19 Friday After Ash Wednesday Stations of the Cross Noon @ St. Bridget 6pm @ St. Thomas	20 Feast Day of St. Peter Damian 7 a.m. Eucharistic Adoration & Confession 9:30 a.m. Bible Study St. Peregrine Mass 4 p.m. at St. Thomas	
1st Sunday of Lent	22 Feast Day of St. Polycarp OCIA Class (6 p.m.)	23 Eucharistic Adoration (5pm), Confession & the Mass starting at 6 p.m.	24 * Men of St. Joseph meeting (8:30 a.m.) * Daughters of Mary meeting (8:30 a.m.)	25 Feast Day of St. Gregory of Narek Stations of the Cross Noon @ St. Bridget 6pm @ St. Thomas	26 7 a.m. Eucharistic Adoration & Confession 9:30 a.m. Bible Study	27 7 a.m. Eucharistic Adoration & Confession 9:30 a.m. Bible Study	

ASH WEDNESDAY

LENT BEGINS

WHAT IS LENT?

The *40-day period* from Ash Wednesday and before Easter Sunday. It is marked by **praying, fasting, abstinence, and other acts of penance.**

PRAYING FASTING ABSTINENCE



WHAT IS FASTING?



One meal a day, and two smaller meals which if added together would not exceed one full meal

WHAT IS ABSTINENCE?



Abstinence is **refraining from eating meat.** Meat is considered to be the flesh and organs of mammals and fowl.

DAYS OF FAST?

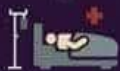
- Ash Wednesday
- Good Friday

DAYS OF ABSTINENCE?

- Ash Wednesday
- All Fridays of Lent
- Good Friday

WHO ARE REQUIRED?

Catholics from age **< 18 to 59 >**



The sick are excused from fasting

WHO ARE REQUIRED?

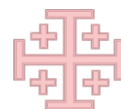
Mandatory for everyone



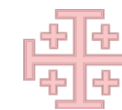
Source: Code of Canon Law

ABS-CBN NEWS

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Your Guide to LENT 2026



A Season of Mercy

Stations of the Cross

Fridays during Lent
Noon at St. Bridget
and
6 p.m. at St. Thomas

Please Remember to Fulfill Your Easter Duties

Start by going to Confession during the Lenten Season followed by receiving Eucharist on Easter Sunday.

Confession is available:

30 mins. before each weekend Mass, excluding Holy Saturday



Holy Week

March 29th - April 5th

Palm Sunday

Regular Weekend Mass Schedule

Holy Thursday

Mass of the Lord's Supper
April 2nd 6 p.m. - St. Thomas

Good Friday

The Lord's Passion
Communion Service - 3 p.m. at St. Bridget
Stations of the Cross - 6 p.m. - St. Thomas

Holy Saturday

Easter Vigil
7 p.m. - St. Thomas

Easter Sunday

Resurrection of Our Lord
8 a.m. - St. Bridget
11 a.m. - St. Thomas