

Start A New Advent Season Family Tradition

- ❖ On November 30th, start the:

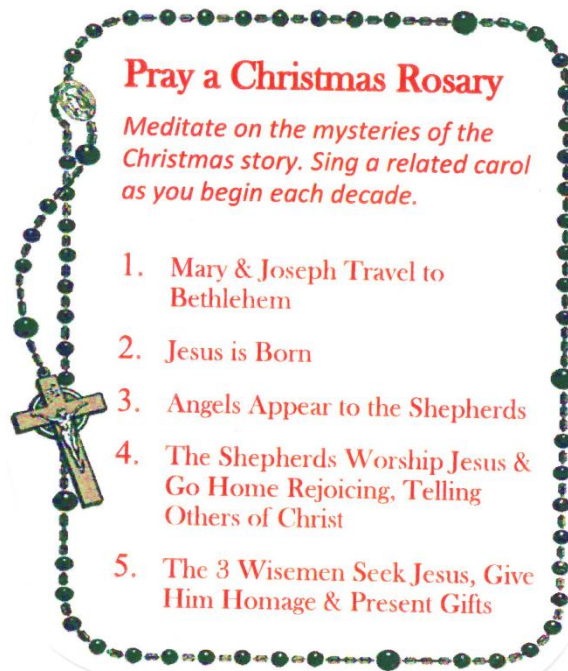
St. Andrew the Apostle Christmas Novena

Hail and blessed be the hour and moment in which the Son of God was born of the most pure Virgin Mary, at midnight, in Bethlehem, in the piercing cold. In that hour vouchsafe, I beseech Thee, O my God, to hear my prayer and grant my desires through the merits of Our Savior Jesus Christ, and of His blessed Mother.

Amen

It is piously believed that whoever recites the St. Andrew Christmas novena prayer FIFTEEN times each day from the feast of St. Andrew (November 30th) until Christmas Eve will obtain the favor requested.

- ❖ On the first day of December start reading a Chapter of St. Luke's Gospel each night (24 chapters leading to the Nativity)
- ❖ Pray the Rosary daily, as a family.
- ❖ Add this Christmas themed "Rosary" to your family's discussion and prayer time.



Advent



wait • hope • prepare

What does Advent mean?

Advent comes from the Latin word *Adventus*, which means “coming.”

What is the purpose of Advent?

“Advent has a twofold character: as a time to prepare for the solemnity of Christmas when the Son of God’s first coming to us is remembered; as a season when that remembrance directs the mind and heart to await Christ’s Second Coming at the end of time. For these two reasons, the season of Advent is thus a period for devout and joyful expectation.” (GNLY, 39)



Why wait for Christmas?

We need Advent! We are longing for the Lord! We are joyfully expecting Him and prayerfully preparing for His triumphant return! This liturgical season is for us to get ourselves ready for Christ. Don’t jump ahead!

How do you prepare?

How do you prepare when a friend comes over to visit? You clean house; you get yourself ready! You should do the same for the Lord. Go to Confession. Go to Mass. Pray. Prepare your heart and mind for Him.



When is Advent?

It is the liturgical period directly before Christmas—about four weeks. It is also the start of our liturgical year. Happy Catholic New Year!

When does Advent start?

Advent begins with Evening Prayer I on the Sunday falling on or closest to November 30th.

When does Advent end?

Advent ends before Evening Prayer I of Christmas (December 24th).

How long is Advent?

Depends on when the Sunday closest to November 30th is. It can be as short as 22 days or as long as 28 days. The season of Advent was originally a 40 day fast in preparation for Christmas. Many in the Byzantine Catholic Church still celebrate a 40 day Advent.



What are the colors for Advent?

Violet for all of Advent. Rose or violet may be used for Gaudete Sunday.



What is Gaudete Sunday?

Gaudete Sunday is the third Sunday in Advent. The name is taken from the Introit (entrance antiphon). *Gaudete* is Latin for Rejoice! This marks the midpoint of Advent, and the priest can wear rose vestments. But it is more than that! We are also reminded about the meaning of Advent in the readings. We are reminded about the coming of the Lord and our need to prepare. Advent is a time of devout and joyful expectation.



What are the O Antiphons?

The O Antiphons are the Magnificat (canticle) antiphons used at Vespers during the last seven days of Advent (December 17 through December 23). They are based on Isaiah. In order, the O Antiphons are: *O Sapientia* (O Wisdom), *O Adonai* (O Leader of the House of Israel), *O Radix Jesse* (O Root of Jesse), *O Clavis David* (O Key of David), *O Oriens* (O Morning Star), *O Rex Gentium* (O King of Nations), and *O Emmanuel* (God is with Us).

Super cool fact: if you look at the O Antiphons from Christmas Eve backwards and take the first letter (*Emmanuel, Rex, Oriens, Clavis, Radix, Adonai, Sapientia*), it spells *ero cras* in Latin, which means “I come tomorrow.”

What are some Advent traditions?

There are many ways you can celebrate Advent. Count down the weeks with an Advent wreath. Make an Advent calendar to count the days or to help you and your family pray and do good works during Advent. Make a Jesse Tree to learn about the Bible stories from Creation to the Nativity. Read a daily devotional or gather with your family to say daily prayers.



How can you set Advent apart from Christmas?

Wait to decorate. Put off Christmas parties and gift giving until the Christmas season. Catholics don’t just have a day for Christmas. We have a whole SEASON!