

## **5 Benefits to Praying the (W)holy Rosary**

### **1. Mary Will Shower Graces Upon You**

Our Lady promises unique graces to those who will pray her Rosary devoutly. Mary is a channel of God's graces to us. She has a special place in her heart for those who pray the Rosary. They receive her special attention and protection. For children who pray the Rosary, Mary promises to make an extra effort to protect them and send them special blessings.

### **2. The Presence of Our Lady Becomes More Tangible**

In order not to be overwhelmed at first, carry your Rosary with you at all times and aim to say the whole Rosary, at least one Mystery, throughout the day. You will find that you will become so much more aware of Our Lady's presence in your life. You will become aware of how much of a tender and loving mother she is and how greatly she desires to bring you closer to her Son. That's what the rosary is all about.

### **3. Learning to Imitate Christ Becomes Easier**

The power of the rosary comes from meditating on the lives of Jesus and Mary. The Christian life is all about seeing Christ as our model and doing everything we can to imitate Him.

How can we learn more about Christ? By seeing what He did throughout His life! In the mysteries of the rosary, we watch Christ in His early life, His days of ministry, His Passion, and His Resurrection. We can literally witness His actions and words and have a greater understanding of what it means to be Christlike.

Meditating on the life of Christ daily is a constant and powerful reminder of what we need to do in order to get to heaven, which is the goal of every Christian.

### **4. It Draws You Closer to the Sacraments**

In the Holy Eucharist, we receive God. Jesus gives us His Body, Blood, Soul, and Divinity, so that He can dwell in us and we can be one with Him. What better way to come to imitate Christ?

Through the recitation of the rosary, you may find that you will want to go to Mass more. Have a desire to go to the Sacrament of Reconciliation more. Plus, have a desire to make sure that your soul is in a position to receive as many graces as possible so that you can resemble Christ as closely as possible! Mary knows the power of the sacraments, so through the rosary, she draws us closer to them!

## 5. Prayerfully Reflecting Upon the Lives of Jesus and Mary Can (and Will) Make a Saint Out of You

You know how many amazing saints prayed the rosary every day and asked us to do the same?

- ❖ St. Padre Pio
- ❖ St. Louis de Montfort
- ❖ St. John Paul II
- ❖ St. Maximilian Kolbe
- ❖ St. Teresa of Calcutta

These men and women left an immeasurable impact on the world and all had devotions to Our Lady! The Blessed Mother is in the saint-making business and she wants you to be next!

These people got it – they realized that in order to fulfill our ultimate vocation in life, which is to become saints, they had to learn from the model. They learned to imitate Christ by meditating on His life, which helped them become the saints they are today.

Make a point to say a decade a day and then work your way up to one set of mysteries each day. Eventually, you can build up to praying all the mysteries. Whether you're just praying a decade or all the mysteries, you will receive graces from Our Lady and experience the benefits.

God knows the heart of man better than we ever could. He loves it when we do our best to get to Him. Even if we stumble and fall in our efforts to do so, we can't stay on the ground long. We have to get up and keep trying.

There's a war going on for our souls and we're in the middle of the battle. Go to battle with the most powerful weapon ever created: the holy rosary.

Give it a try and see how the Blessed Virgin Mary can completely change your life.

