



"The Holy Family of Nazareth is truly the 'prototype' of each Christian family which, united in the Sacrament of marriage and fed by the Word and by the Eucharist, is called to realize the stupendous vocation and mission of being a living cell not only of society but of the Church, a sign and instrument of unity for all mankind."

"Let us invoke the protection of the most Holy Mary and St Joseph for each family, especially for those in difficulties. May they support them so that they will be able to resist the prompting towards disintegration of certain [traits of] modern culture that undermines the very basis of the institution of the family.

May they help Christian families to be, in every part of the world, a living image of the love of God."

~ Pope Benedict XVI

The Holy Family Prayer

JESUS, Son of God and Son of Mary, bless our family. Graciously inspire in us the unity, peace, and mutual love that you found in Your own family in the little town of Nazareth.

MARY, Mother of Jesus and our Mother, nourish our family with your faith and your love. Keep us close to your Son, Jesus, in all our sorrows and joys.

JOSEPH, foster-father to Jesus, guardian and spouse of Mary, keep our family safe from harm. Help us in all times of discouragement or anxiety.

HOLY FAMILY OF NAZARETH, make our family one with you. Help us to be instruments of peace. Grant that love, strengthened by grace, may prove mightier than all the weaknesses and trials through which our families sometimes pass. May we always have God at the center of our hearts and homes until we are all one family, happy and at peace in our true home with you. Amen.

